

8天7夜

昆明/大理/丽江
+ 中甸(香格里拉)

单飞



Tour Code: CKO

★风味餐: 过桥米线 + 汽锅鸡 • 粤菜风味 • 野山菌火锅
• 石林烤鸭 • 大理砂锅鱼风味 • 马帮菜风味

精简行程:

第一天 抵达昆明 (机上用餐/晚餐)

- 翠湖公园

酒店: 大观4★酒店或同级

第二天 昆明/石林/昆明 (早/午/晚餐)

- 大石林景区 (含电瓶车)
- 金马碧鸡坊
- 东西寺塔

酒店: 大观4★酒店或同级

第三天 昆明/大理 (早/午/晚餐)

- 西山龙门 (含环保车及电瓶车)
- 天龙八部影视城
- 崇圣寺三塔 (途径)
- 喜洲白族民居三道歌舞

酒店: N度4★酒店或同级

第四天 大理/丽江 (早/午/晚餐)

- 洱海公园
- 苍山 (感通索道)
- 丽江古城 (四方街)
- 黑龙潭

酒店: 丽江国际5★酒店或同级

第五天 丽江 (早/午/晚餐)

- 玉龙雪山大索道
- 甘海子
- 白水河 (不含电瓶车)
- 玉水寨
- 东巴谷
- 束河古镇

酒店: 丽江国际5★酒店或同级

第六天 丽江/中甸(香格里拉)

- 长江第一湾 (途径)
- 虎跳峡
- 独克宗古城

酒店: 安信蓝海钧华5★酒店或同级

第七天 中甸(香格里拉) → 昆明

- 普达措国家公园 (属都湖)
- 松赞林寺
- 藏民家访

酒店: 大观4★酒店或同级

第八天 昆明-回程 (早/午餐/机上用餐)

- 花市

特别
赠送印象丽江大型歌舞表演
价值RMB190

全程无购物站

行程次序, 以当地旅社安排为准。

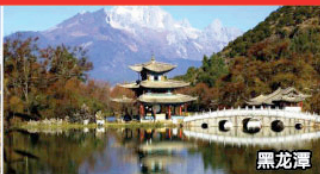
观光景点:



丽江古城



玉龙雪山



黑龙潭

昆明

- 金马碧鸡坊-高12米, 宽18米, 雕梁画栋精美绝伦, 是昆明的象征。金马碧鸡坊始建于明朝宣德年间, 至今已有近四百年的历史。
- 东西寺塔-两塔均始建于南诏时代。巍巍双塔, 一东一西, 遥遥相望, 古色古香。
- 翠湖公园-由海心亭, 水月轩, 观鱼楼等亭台及大片湖水组成。园内花木繁茂, 柳树成荫。每年十月至来年二月有成千上万的红嘴鸥在空中俯冲争食与游人嬉戏。
- 西山龙门-北起三清阁“孝牛泉”南侧“别有洞天”石门, 南至龙门“达天阁”, 整个在千仞峭壁上的石窟工程, 统称“龙门”。
- 花市-昆明最大的鲜花与干花的聚集地。

石林

- 石林风景区-整个景区由密集的石峰组成, 有如一片石盆地。这里的石林直立突兀, 线条顺畅, 并呈淡淡的青灰色, 最高大的独立岩柱高度超过40米。其中有“莲花峰”、“剑峰池”、“千钧一发”、“极狭通人”、“象距石台”、“幽兰深谷”、“凤凰梳翅”等典型景点。(含电瓶车)

大理

- 洱海公园-堪称云南省著名的高原湖泊, 海拔1972米, 北起洱源县江尾乡, 南止于大理市下关, 面积为248平方公里。
- 天龙八部影视城-中国西部最大的影视城, 还可以观看到南诏宫廷乐舞及皮影戏、踩高跷、抛绣球等民俗文艺展演。
- 喜洲白族民居三道歌舞-传承着白族传统的民间民俗舞蹈、传统的白族小调和大本曲弹唱等古老的表演形式。一边欣赏歌舞, 一边品尝大理正宗白族“一苦二甜三回味”的三道茶。
- 苍山(感通索道)-苍山圣应该峰麓, 背靠苍山、面临洱海, 与佛教圣地感通寺比邻, 占地60余亩, 溪水潺潺, 鲜花盛开, 是休闲、观光、度假的好去处。
- 大理古城-简称榆城, 位居风光亮丽的苍山脚下。大理古城始建于明洪武十五年(1382年), 是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产的店铺和风味十足的白族饮食店, 还可以在洋人街喝一杯饮料, 享受一番。

丽江

- 丽江古城-世界文化遗产丽江古城。具有800多年历史的丽江古城, 始建于南宋末年。是元代丽江路宣抚司, 明代丽江军民府和清代丽江府驻地。街道不拘于工整而自由分布, 主街傍水, 小巷临渠, 300多座古石桥与河水、绿树、古巷、古屋相依相映, 极具高原水乡古树、小桥、流水、人家的美学意韵。
- 黑龙潭-公园内有近76万平方米面积的湖面, 形状如一弯新月, 湖中心有亭子, 亭与湖岸另一侧有一珍珠泉出水口。
- 玉龙雪山(大索道)-海拔4506米。索道全长2914米, 垂直高差1150米, 是中国海拔最高的旅游客运索道之一, 也是北半球最南端终年积雪的山脉。
- 甘海子-原为高山冰蚀湖泊, 后来雪线上升, 积水减少以至干涸, 于是人称“干海子”。
- 白水河-一条从雪山流出的河水, 河水是雪山积雪融化后又经岩层过滤, 在泉水涌出而最终汇成白水河。
- 玉水寨-寨内的神泉碧绿纯净、清露透明, 顺山势奔流而下, 形成著名的“出龙瀑”、“戏龙瀑”、“送龙瀑”之“神龙三叠水”。
- 东巴谷-是一个自然生态大峡谷, 为远古造山运动时期撕裂的一个断裂谷。
- 束河古镇-是纳西族先民最早的聚居地, 也是木氏土司的发祥地, 从这里, 可以感受到更为古朴的纳西民俗。

中甸(香格里拉)

- 普达措国家公园(属都湖)-拥有地质地貌、湖泊湿地、森林草甸、河谷溪流、珍稀动植物等, 原始生态环境保存完好。
- 独克宗古城-收藏了一千多年时光雕刻的历史沧桑的古镇, 藏族特色建筑文化在这里重放异彩。
- 纳帕海-云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的佛教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。

自费项目: 云南映像歌舞表演 = RMB 280/PAX

出发日期:

航班行程:

	团费	机场税及燃油附加费	小费	旅行社代收费	签证	旅行保险	总数
成人							
小孩							

8D7N

KUNMING/DALI/ LIJIANG+ZHONGDIAN (SHANGRILA)

01 Way
Domestic
Flight

Tour Code: CKO



★ **Special Cuisine** : • Gross-Bridge Rice Noodle • Cantonese Cuisine
• Wild Mushrooms Steamboat • Stone Forest Roast Duck
• Fish Casserole in Dali Style • Ma Cuisine

Schedule:

D1 ARRIVAL KUNMING (MOB/D)

- Green Lake Park
- Hotel: DaGuan 4★ Hotel or similar

D2 KUNMING/ STONE FOREST/ KUNMING (B/L/D)

- Stone Forest Scenic Area (Include Buggy Coach)
- Golden Horse & Green Rooster Archways
- East and West Temple Pagoda
- Hotel: DaGuan 4★ Hotel or similar

D3 KUNMING/DALI (B/L/D)

- Western Hill & Dragon Gate
- Tian Long Ba Bu Film City
- Chong Sheng Temple Three Pagoda (Drive Through)
- Xizhou Village Three Course Tea Performance Area
- Hotel: N Hotel 4★ or similar

D4 DALI/LIJIANG (B/L/D)

- Erhai Lake Park
- Cangshan Mountain (Included Cable Car)
- Lijiang Ancient Town (Square Street)
- Hei Long Tan (Black Dragon Pond)
- Hotel: Lijiang International 5★ or similar

D5 LIJIANG (B/L/D)

- Yulong Snow Mountain Grand Ropeway
- Ganhaizi
- White River (Exclude Buggy Coach)
- Yushui Village
- Dongba Valley
- Shuhe Old Town
- Hotel: Lijiang International 5★ or similar

D6 LIJIANG/SHANGRILA (B/L/D)

- First Bend of the Yangtze River (Drive Pass)
- Tiger Leaping Gorge
- Du Ke Zong Old Town
- Hotel: Blue Horizon Jun Hua 5★ Hotel or similar

D7 SHANGRILA → Kunming (B/L/D)

- Potatso National Park (Shudu Lake)
- Songzanlin Monastery
- Zang Minority Home Visit
- Hotel: DaGuan 4★ Hotel or similar

D8 KUNMING - DEPARTURE (B/L/MOB)

- Flower Market

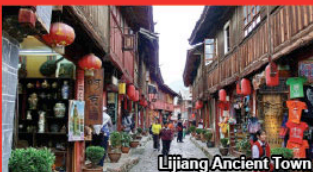
Special
FREE

• Impression Lijiang
Performance Show
worth RMB190

NON SHOPPING STOP

Sequences of Itinerary are subject
to local arrangement.

Tourist Attractions:



Lijiang Ancient Town



Yulong Snow Mountain



Black Dragon Pond

KUNMING

- **Golden Horse & Green Rooster Archways** - The symbol of Kunming city. Built in China's Ming Dynasty, it has history of more than 400 years.
- **East and West Temple Pagoda** - Originally built during the 9th century, 13 stories high, with statues set in the external niches of each level.
- **Green Lake Park** - Brightly painted pavilions on the islands inside the park, tree-lined walks, flowers, and the local populace enjoying themselves by exercising in various specialist groups.
- **Western Hill & Dragon Gate** - Boasts an excellent environment with flourishing flowers and dense forest, providing tourists an excellent environment to enjoy the tranquility and marvelous scenery.
- **Flower Market** - The largest flower supplier of the world.

STONE FOREST

- **Stone Forest Scenic Area** - In the Major Stone Forests, people marvel at the natural wonders before their eyes. The pillars of rock tower into the air seemingly just springing up from the ground. These stalagmites form a twisted jungle of stone.

DALI

- **Erhai Lake Park** - Is the largest highland lake next to Dianchi and one of the seven biggest fresh water lakes in China. It means, 'sea shaped like an ear', in Chinese.
- **Tian Long Ba Bu Film City** - Constructed for the purpose of filming the TV series "Tian Long Ba Bu" specially invested by Dali Provincial Tourism and Holiday Zone.
- **Xizhou Village** - A beautiful walled town that has a lot of buildings still in traditional style and enjoy the 3 courses tea performance here
- **Cangshan Mountain** - You can capture beautiful scenery with numerous of springs, ponds and waterfalls. (Included Gantong cable car ride)
- **Dali Ancient Town** - The traditional Bai ethnic folk houses give the town distinctive feel. The town's layout was uniform, with five main streets from south to north and eight main streets from east to west.

LIJIANG

- **Lijiang Ancient Town** - Famous for its orderly system of waterways and bridges. The old town of Lijiang differs from other ancient Chinese cities in architecture, history and the culture of its traditional residents the Naxi people.
- **Black Dragon Pond** - Its surroundings are all green with grass and shaded by swaying willow trees. In its waters, the Jade Dragon Snow Mountain is reflected.
- **Yulong Snow Mountain Grand Ropeway** - High altitude sea level of 4506m. Taking one of the highest altitude cable car to wonderful glacier park.
- **Ganhaizi (Dry Sea)** - It had been a highland glacial lake before the 1940s and was formed after the water had dried up.
- **White River** - The water is extremely clean as it is filtrated and purified by gravel and stones when running, and hasn't been polluted at all, so call White River.
- **Yushui Village** - Is the central region of the Naxi Dongba Holy Land, the ancient city is the source of Lijiang, Baisha Township in Lijiang County is the birthplace of the central Naxi culture as the world recognized.
- **Dongba Valley** - Is a natural ecology Canyon in period of ancient orogeny.
- **Shuhe Old Town** - Is a well-preserved example of town along the ancient tea route and one of the earliest settlements of Naxi people's ancestors.

ZHONGDIAN (SHANGRILA)

- **Potatso National Park (Shudu Lake)** - Is the first national park in mainland China. Shudu Lake is major parts of the park. Besides this lakes, forest, marsh, valley, alpine meadow and so on can be seen in the park.
- **Du Ke Zong Old Town** - There is a place you can find the colorful Tang Ka, the printing or drawing for the Buddha.
- **Songzanlin Monastery** - Being the largest Tibetan Buddhist monastery in Yunnan, Songzanlin Monastery, also known as Guihua Monastery, is one of the famous monasteries in the Kang region. It is located near Shangri-La County, at the foot of Foping Mountain.

Optional Tour : Kunming Dynamic Yunan Show = RMB 280/PAX

Departure Date:

Flight :

	Tour Fare	Airport Tax & Fuel Surcharge	Tipping	ACF	Visa	Travel Insurance	Total
Adult							
Child							